Development of a High-Throughput Screening Assay to Identify Inhibitors of the Major M17-Leucyl Aminopeptidase from *Trypanosoma cruzi* Using RapidFire Mass Spectrometry

Maikel Izquierdo¹, De Lin², Sandra O’Neill², Martin Zoltner³,4, Lauren Webster²*, Anthony Hope², David W. Gray², Mark C. Field³, and Jorge González-Bacerio¹,5

Abstract
Leucyl aminopeptidases (LAPs) are involved in multiple cellular functions, which, in the case of infectious diseases, includes participation in the pathogen-host cell interface and pathogenesis. Thus, LAPs are considered good candidate drug targets, and the major M17-LAP from *Trypanosoma cruzi* (LAPTc) in particular is a promising target for Chagas disease. To exploit LAPTc as a potential target, it is essential to develop potent and selective inhibitors. To achieve this, we report a high-throughput screening method for LAPTc. Two methods were developed and optimized: a Leu-7-amido-4-methylcoumarin–based fluorogenic assay and a RapidFire mass spectrometry (RapidFire MS)–based assay using the LSTVIVR peptide as substrate. Compared with a fluorescence assay, the major advantages of the RapidFire MS assay are a greater signal-to-noise ratio as well as decreased consumption of enzyme. RapidFire MS was validated with the broad-spectrum LAP inhibitors bestatin (IC₅₀ = 0.35 μM) and arphamenine A (IC₅₀ = 15.75 μM). We suggest that RapidFire MS is highly suitable for screening for specific LAPTc inhibitors.

Keywords
arphamenine, bestatin, high-throughput screening, M17-leucyl aminopeptidase, RapidFire mass spectrometry

Introduction
Infection by parasitic pathogens remains a major human health burden.¹ Among these, Chagas disease is classified as a neglected tropical disease present in Latin and North America, Europe, and the Western Pacific.² The etiological agent is the kinetoplastid parasite *Trypanosoma cruzi*, responsible for 50,000 new cases and more than 10,000 deaths each year.³

There are no effective vaccines for Chagas disease, and the current drugs employed in treatment are toxic and/or ineffective. Even with more than a century of research since the initial description by Carlos Chagas, only two nitroheterocyclic compounds, nifurtimox and benznidazole, have entered the clinic for treatment.⁴ Both drugs have limited efficacy for treating the chronic stages of infection and have severe side effects.⁵,⁶ In this context, new, effective, and safe drugs against *T. cruzi* are urgently required.⁷

Proteases have multiple roles in cell functions and contribute with parasite physiology and virulence.⁸–¹⁰ Many are

¹ Centre for Protein Studies, Faculty of Biology, University of Havana, La Habana, Cuba
² Drug Discovery Unit, Wellcome Centre for Anti-Infectives Research, University of Dundee, Dundee, UK
³ Wellcome Centre for Anti-Infectives Research, Division of Biological Chemistry and Drug Discovery, School of Life Sciences, University of Dundee, Dundee, UK
⁴ Department of Parasitology, Faculty of Science, Charles University, BIOCEV, Vestec, Czech Republic
⁵ Department of Biochemistry, Faculty of Biology, University of Havana, La Habana, Cuba

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Corresponding Author: Jorge González-Bacerio, Department of Biochemistry, Faculty of Biology, Centre for Protein Studies, University of Havana, La Habana, Cuba.
Email: jogoba@fbio.uh.cu
considered good drug targets, among which are M17-leucyl aminopeptidases (LAPs; EC 3.4.11.1), enzymes that preferentially catalyze removal of an N-terminal leucine from peptides. The process requires two divalent metal cations and a neutral/basic optimal pH.

The major M17-LAP from *T. cruzi* (LAPTc; Uniprot: Q4DZJ3) is a 330-kDa homohexameric protein that has been proposed to be localized to vesicles in the parasite cytoplasm. LAPTc could participate in the nutritional supply by degradation of peptides that are endocytosed by the parasite and delivery of leucine to the cytoplasm. Notably, the aminopeptidase inhibitor arphamenine A inhibits in vitro growth of *T. brucei brucei*, a parasite closely related to *T. cruzi*. In addition, TbLAP1, the *T. brucei* ortholog of LAPTc, is involved in the late stages of segregation of kinetoplast DNA, as knockdown causes a delay in cytokinesis. Furthermore, bestatin, a classic inhibitor of M1- and M17-aminopeptidases, caused in situ inhibition of LAPTc in *T. cruzi*. This latter evidence indicates that LAPTc is potentially druggable by bestatin and bestatin-like low-molecular-weight inhibitors.

M17-LAPs may also be exploitable in other parasites. The M17-LAP from *Plasmodium falciparum* plays an essential housekeeping function, as suggested by a specific bestatin-derived inhibitor. The inhibition of *Babesia bovis* growth by bestatin has also been attributed to the inhibition of BbM17-LAP. Finally, knock-out of LAPTg from *Toxoplasma gondii* inhibits the ability of the parasite to invade cultured cells and also resulted in reduced replication and attenuated virulence in a murine model. Hence, LAPs may also be of significant importance for the development of therapeutics in a wider context.

To identify highly specific LAPTc inhibitors in large-compound libraries, a high-throughput screening (HTS) assay is necessary. Ideally, this assay needs to be sensitive, robust, and have a high signal-to-noise ratio. Here we describe two biochemical assays for the identification of LAPTc inhibitors by HTS. The first is a fluorescence assay based on the fluorogenic substrate Leu-7-amido-4-methylcoumarin (Leu-AMC), and the second uses RapidFire mass spectrometry (RapidFire MS) with the peptide substrate LSTVIVR. We validated the selected method by assessing the half inhibitory concentration (IC$_{50}$) of bestatin and arphamenine A toward LAPTc.

**Materials and Methods**

**Substrates and Other Reagents**

Superose 6 HR10/30 column was from Amersham Biosciences (Buckinghamshire, UK). DMSO, formic acid, NP-40, trifluoracetic acid (TFA), acetonitrile, and Leu-AMC were obtained from Sigma-Aldrich (St. Louis, MO). The LSTVIVR (786.953 Da) and STVIVR* (683.794 Da) peptides were supplied by Cambridge Research Biochemicals (Billingham, UK) and dissolved in water.

**Protein Expression and Purification of Recombinant LAPTc**

LAPTc was produced in recombinant form in *Escherichia coli* according to Izquierdo et al. As a second purification step, gel filtration chromatography was performed using a Superose 6 HR10/30 column with 50 mM Tris-HCl buffer, pH 8.0, 300 mM NaCl. The flow rate was 1 mL/min, the fraction size was 2 mL, and runs were monitored at 280 nm. Protein samples were quantified by the Bradford method. Sodium dodecyl sulfate–polyacrylamide gel electrophoresis was performed with NuPAGE 4% to 12% Bis-Tris Gels (Invitrogen, Paisley, UK). Purified LAPTc was stored at −80 °C in the same buffer.

**Kinetic Assay with the Fluorogenic Substrate Leu-7-Amido-4-Methylcoumarin**

LAP enzymatic activity was assessed by a continuous kinetic method using 1 mM (one value of apparent Michaelis-Menten's constant -appK$_{M}$-) Leu-AMC fluorogenic substrate solubilized in DMSO. The fluorescence due to the release of AMC (excitation: 380 nm, emission: 460 nm) was monitored over a 30-min period using a microplate spectrophotometer (PERQstar FSX, BMG LAB-TECH, Aylesbury, UK). Kinetic assays were carried out with concentrations of LAPTc that were linearly related to the initial velocities, at 25 °C, in 96- or 384-well black plates (200, 100, and 50 µL final volume). The activity buffer was 50 mM Tris-HCl pH 7.5. The final concentration of DMSO was 1%, 10%, and 20% (v/v). Only the linear portions of progress curves, corresponding to substrate consumption lower than 5%, were used to measure the reaction rates. Slopes with $R^2 < 0.98$ were not considered. All assays were performed in triplicate.

**Determination of the enzyme concentration range linearly related with the initial velocity.** Three enzyme concentrations (0.036, 0.09, and 0.18 µM) were tested, and initial velocities were determined in 96-well black plates with a final volume of 200 µL.

**Determination of apparent $K_M$ for LAPTc.** Assays were performed with 0.036 µM LAPTc, in 96-well black plates and 200 µL final volume, at 11 concentrations of Leu-AMC substrate prepared by serial dilutions in the 9.375 to 9600 µM range. The experiment was performed at 1% and 20% DMSO. The appK$_{M}$ was calculated by fitting the Michaelis-Menten rectangular hyperbola function to the
Determination of the bestatin effect. Assays were performed by preincubating 0.18 μM LAPTc with 1 mM bestatin for 15 min before adding substrate, in 384-well black plates, for a final volume of 50 μL and 20% DMSO.

Kinetic Assay with the LSTVIVR Peptide Substrate by RapidFire MS

LAP enzymatic activity was assessed by a discontinuous kinetic method. Basically, this method consisted of mixing enzyme and substrate, allowing the reaction, and further quantifying the product by MS. For this, the reaction was loaded into the mass spectrometer after a liquid chromatography step. The mass spectrometer contains a triple quadrupole; the precursor selection occurs in the first, the fragmentation occurs in the second, and fragment selection occurs in the third quadrupole. Peak areas were integrated, and area ratios of product to internal standard were used for quantitation.

The assay was performed in 384-well clear F-bottom polypropylene plates with a final reaction volume of 15 μL. The reaction mixture contains 7.5 μL LAPTc in 50 mM Tris-HCl, pH 7.5, 0.005% NP-40, plus 7.5 μL LSTVIVR peptide substrate in the same buffer. The reaction was performed at room temperature for 40 min and then stopped with 85 μL 1% formic acid containing 0.15 μg/mL STVIVR* internal standard.

RapidFire MS was performed using a RapidFire 365 system (Agilent, Santa Clara, CA) coupled with a triple quadrupole mass spectrometer 6740 (Agilent). The samples were loaded onto a C18 cartridge (Agilent) using 0.1% TFA in deionized water at flow rate of 1.5 mL/min and eluted to the mass spectrometer using 0.1% TFA in acetonitrile/deionized water (90/10, v/v) at a flow rate of 1.25 mL/min. The sipper was washed to minimize carryover with deionized water, followed by acetonitrile. Aspiration time, load/wash time, elution time, and reequilibration time were set to 600, 3000, 5000, and 500 ms, respectively, with a cycle time of approximately 10 s. The triple-quadrupole mass spectrometer with electrospray ion source was operated in positive multiple reaction monitoring (MRM) mode. The detailed setting for the mass spectrometer parameters was as follows: capillary voltage, 3000 V; gas temperature, 350 °C; gas flow, 7 L/min; nebulizer, 40 psi; sheath gas temperature, 300 °C; sheath gas flow, 11 L/min; and nozzle voltage, 1500 V. The MRM transitions (Q1 and Q3) for LSTVIVR peptide as a reaction product and LSTVIVR* peptide as an internal standard were set as 335.8/486.3 and 342.8/491.3, respectively. The mass resolution window for both parental and daughter ions was set at as a unit (0.7 Da). The dwell time, fragmentor, and collision energy for each transition were 50 ms, 175 V, and 10 eV, respectively. Peak areas were integrated, and area ratios of the LSTVIVR peptide to the internal standard LSTVIVR* peptide were used for quantitation.

Determination of the enzyme concentration range linearly related with the initial velocity at different incubation times. LAPTc was tested at 0, 1.56, and 3.13 nM with 2 mM (~1.2 appKM) LSTVIVR peptide substrate. Different incubation times were tested (0, 5, 10, 15, and 20 min).

Determination of apparent KM for LAPTc. LAPTc was tested at 3 nM with 10 LSTVIVR peptide substrate concentrations, prepared by serial dilutions in water, spanning the range of 3.906 to 2000 μM. The incubation time was 20 min.

Determination of the incubation time range linearly related with the initial velocity. LAPTc was tested at 3 nM with 150 μM (~1 appKM) LSTVIVR peptide substrate at 0, 10, 20, 30, 40, 50, and 60 min incubation.

Determination of the LAPTc tolerance to DMSO. LAPTc was tested at 3 nM with 150 μM (~1 appKM) LSTVIVR peptide substrate at 40 min incubation in the presence of 0%, 1%, 2%, 3%, and 4% DMSO.

Dose-response study for bestatin and arphamenine A. LAPTc was tested at 3 nM with 150 μM (~1 appKM) LSTVIVR peptide substrate at 40 min incubation. Before addition of substrate, LAPTc was preincubated with the inhibitors or DMSO for 15 min. Bestatin and arphamenine A were prepared in 10 concentrations in DMSO by serial dilutions in the ranges of 0.005 to 100 μM and 1.76 to 900 μM, respectively. A control without inhibitor (the same volume of DMSO, 0% inhibitory effect) and another without enzyme and inhibitor (100% inhibitory effect) were prepared.

The IC50 values were calculated by the nonlinear fit of the Hill function to the experimental data, using OriginPro 8 SR0 software (version 8.0724 [B724]; OriginLab Corporation, http://www.OriginLab.com) with default parameters.

Statistical Calculations

Blank Median = Median (Blank) (nonexcluded BLANK Raw Values)

High Control (Ctrl) Median = Median (Ctrl) (nonexcluded control raw values).

When the raw value for the Blank was lower than the raw value for the Ctrl, the following formulas were used:

\[
\text{Robust S/B} = \frac{\text{Median (Ctrl)}}{\text{Median (Blank)}}
\]

\[
\text{Robust Z' Factor} = 1 - (3 \times (1.4826 \times \text{MAD(Ctrl)} + 3 \times (1.4826 \times \text{MAD(Blank)})))/\text{Median(Ctrl) - Median(Blank)}
\]

where MAD is the median absolute deviation.

When the raw value for Ctrl was lower than the raw value for the Blank, the following formulas were used:
Results

Isolation and Purification of LAPTc

LAPTc was expressed in *Escherichia coli* (1575 bp synthetic gene cloned in the plasmidic vector pET-19b between the *Nde*I and *Xho*I restriction sites, fused to an N-terminal tag of 10 histidines) and purified by immobilized metallic ion affinity chromatography according to Izquierdo et al.\(^{24}\) Here, to improve purity, we introduced a second purification step based on gel filtration chromatography. After this chromatography, the protein was obtained in sufficient amount (25.36 mg from 600 mL of culture) and with a purity of 92\% (Suppl. Fig. S1).

Fluorescence Assay Development

First, we determined the enzyme concentration range that was linearly correlated with the initial velocity. Assays were performed in 96-well black plates and 200 \(\mu\)L final volume. LAPTc has maximal activity at pH 9.0, 50 °C, and 4 mM Co\(^{2+}\).\(^{24}\) However, the conditions tested here were pH 7.5, 25 °C, and no cation, to have an assay close to physiological conditions in which inhibition is relevant and favors the stability of the compound set. As the result of this first experiment, an enzyme concentration range of 0.036 to 0.18 \(\mu\)M was found to be linearly correlated with the initial velocity (Fig. 1A).

Second, the app\(K_M\) value of LAPTc with the Leu-AMC substrate was determined. The \(K_M\) is expressed as an apparent value because the enzyme is not 100\% homogeneous. For HTS biochemical assays, it is desirable to reduce the reaction volume as much as possible, and here we tested 200, 100, and 50 \(\mu\)L. For this reason, we determined app\(K_M\) in the presence of 1\% DMSO (the substrate is dissolved in this solvent and represents 1\% final volume in the 200 \(\mu\)L assay) and 20\% DMSO (when the assay volume is reduced to 50 \(\mu\)L, it is not accurate to dispense 0.5 \(\mu\)L of substrate and inhibitor; then, both volumes should be increased to 5 \(\mu\)L, each representing 10\% final volume). LAPTc is known to be a DMSO-tolerant enzyme, as it retains activity in the presence of 20\% DMSO. At this organic solvent concentration, the affinity for the Leu-AMC substrate is, however, only slightly diminished with respect to 1\% DMSO, with app\(K_M\) increased only from 1.05 to

\[
\text{Robust S/B} = \frac{\text{Median (Blank)}}{\text{Median (Ctrl)}}
\]

\[
\text{Robust Z'} \text{ factor} = 1 - \left( 3 \times \left( \frac{1.4826 \times \text{MAD(Blank)}}{\text{Median (Blank)}} \right) + 3 \times \left( \frac{1.4826 \times \text{MAD(Ctrl)}}{\text{Median (Ctrl)}} \right) \right)
\]
1.61 mM (Fig. 1B, C). A 1 mM substrate concentration was selected for the remaining experiments.

Despite clearly reporting LAP activity, a high background signal was observed (Fig. 1D) and was also present in 384-well plates with a 100 μL reaction volume and 10% DMSO, as well as 50 μL, 20% DMSO, and 1 mM bestatin (Fig. 1E, F). Although the assay could detect inhibitors such as bestatin (Fig. 1F), the low signal-to-noise ratio suggested that the assay was not adequate for identification of LAP inhibitors by HTS.

**RapidFire MS Assay Development**

With the poor performance of the fluorescence-based assay, we turned to RapidFire MS. This assay was performed without added exogenous divalent metallic cation, like the fluorescence assay. The enzyme concentration range linearly correlating with initial velocity was determined for different incubation times. As is shown in Figure 2A, below 3.13 nM LAPtc, a linear relationship with initial velocity was obtained for all incubation times. Therefore, 3 nM LAPtc was selected for the next steps.

Next, the appK<sub>M</sub> value against the LSTVIVR peptide substrate was determined as 132 μM (Fig. 2B). Hence, 150 μM substrate was used in the next experiments.

Incubation time was linearly related with the initial velocity up to 60 min (Fig. 2C) and a 40 min incubation time was selected. When different DMSO concentrations were tested, the DMSO-tolerant property of LAPtc was corroborated. At 4% DMSO, the enzyme retained 67.8% of activity (Fig. 2D).

To test assay robustness and signal-to-noise ratio, a mock screen without inhibitors was performed. Two 384-well plates were used, and the last column in both cases lacked the enzyme (Suppl. Fig. S2). The robustness Z<sup>0</sup> values were 0.80 and 0.61, respectively, and the signal-to-background ratios were 48.4 and 49.2, respectively. These values are considered to be very acceptable for HTS.

Finally, a dose-response study for known aminopeptidase inhibitors bestatin and arphamenine A against LAPtc was performed (Fig. 3). The IC<sub>50</sub> values for bestatin and arphamenine A are 0.35 μM and 15.75 μM, respectively.

In Table 1, both kinetic methods tested in this work for LAPtc activity and its inhibition are compared in their main parameters.

**Discussion**

Leucine is an important amino acid for trypanosomatids. It has been proposed that leucine catabolism produces mevalonate, a metabolite necessary for the ergosterol
biosynthesis, which is a cholesterol-related essential parasite lipid.27,28 Because many parasites, including trypanosomes and trypanosomatids, have no or limited ability to synthesize essential amino acids, including leucine, it is possible that LAPs are important for the provision of this amino acid. This contribution with leucine production, at least in part, could explain why M17-LAPs are critical for parasite development in the mammalian host.29,30

In this work, we developed and optimized two kinetic assays for identification of LAPtc inhibitors by HTS. This is necessary to detect potent inhibitors of this M17-LAP in libraries of thousands of synthetic compounds, as the first step in the target-based drug discovery process.

In our previous work, we purified LAPtc in a single step by IMAC.24 To improve purity, we introduced an additional gel filtration step and obtained LAPtc protein in a sufficient amount and purity for the development of kinetic assays, one of which proved to be suitable for HTS (Suppl. Fig. S1).

M17-LAPs are usually assayed at alkaline pH and elevated temperature,29,31-34 and the T. cruzi enzyme displays maximal activity at pH 9.0 and 50 °C.24 Although these conditions are incompatible with HTS, LAPtc retained sufficient activity at pH 7.5 and room temperature for HTS assay development (Figs. 1A, 2A, and 2C). In our fluorescence assay, the lowest concentration showing activity was 36 mM (Fig. 1A), whereas 3 mM LAPtc was sufficient for RapidFire MS (Fig. 2A; and Table 1).

The drastic difference in the appK_M value for LAPtc between Leu-p-nitroanilide (Leu-pNA; 74 μM24) and Leu-AMC substrates (1.05 mM; Fig. 1B), at 1% DMSO could be due to structural and size differences between both artificial substrates. The natural peptide substrate LSTVIVR has an appK_M value also in the submillimolar order (132.4 μM; Fig. 2B). On the other hand, the increasing of DMSO concentration to 20% could produce conformational change in the protein (or simply interfere with substrate binding), diminishing the affinity to the Leu-AMC substrate (appK_M is increased to 1.61 mM; Fig. 1C). However, LAPtc, as other

Table 1. Comparison Between the Fluorescence Assay and the RapidFire MS Assay.

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Fluorescence Assay</th>
<th>RapidFire MS Assay</th>
</tr>
</thead>
<tbody>
<tr>
<td>Assay final volume</td>
<td>200, 100 and 50 μL</td>
<td>15 μL</td>
</tr>
<tr>
<td>Assay time</td>
<td>30 min</td>
<td>40 min</td>
</tr>
<tr>
<td>Assay LAPtc concentration</td>
<td>36 and 180 nM</td>
<td>3 nM</td>
</tr>
<tr>
<td>Substrate appK_M</td>
<td>1.05 mM (1% DMSO)</td>
<td>132.4 μM</td>
</tr>
<tr>
<td></td>
<td>1.61 mM (20% DMSO)</td>
<td></td>
</tr>
<tr>
<td>Assay substrate concentration</td>
<td>1 mM</td>
<td>150 μM</td>
</tr>
<tr>
<td>DMSO tolerance</td>
<td>Until 20%</td>
<td>67.8% activity at 4% DMSO</td>
</tr>
<tr>
<td>Signal-to-noise ratio</td>
<td>Low</td>
<td>High (49.2)</td>
</tr>
<tr>
<td>Robustness Z’ value</td>
<td>Not determined</td>
<td>0.80 and 0.61</td>
</tr>
<tr>
<td>Inhibitors detected</td>
<td>Bestatin</td>
<td>Bestatin (IC_50 = 0.35 μM) and arphamenine A (IC_50 = 15.75 μM)</td>
</tr>
</tbody>
</table>

Figure 3. Dose-response study for bestatin (A) and arphamenine A (B) toward leucyl aminopeptidase from Trypanosoma cruzi (LAPtc) by RapidFire mass spectrometry based on LSTVIVR peptide substrate. LAPtc was tested at 3 nM with 150 μM (~1 appK_M) substrate at 40 min incubation. The enzyme was preincubated with the inhibitors or DMSO (0% inhibitory effect control) for 15 min, prior to addition of substrate. n, Hill slope factor.
enzymes,35 shows a high DMSO tolerance (Figs. 1C, 2D; and Table 1).

The fluorescence method has a high background under conditions tested (Fig. 1D–F). Although this background could theoretically be subtracted in assays with several replicates, in HTS assays that use single-point measurements of thousands of compounds, background subtraction substantially increases the probability of losing active molecules. For this reason, this method was rejected.

The peptide LSTVIVR was selected as the substrate in the RapidFire MS assay. The selection of the first two residues of this sequence was based on the work of Trochine et al.,19 who found LS dipeptide accumulation after treatment of T. cruzi epimastigotes with bestatin. The C-terminal arginine was chosen because this amino acid is amenable to isotope labeling,30 which is used as an internal standard to quantify reaction products by RapidFire MS.

The RapidFire MS–based assay we devised meets all requirements for HTS methodologies23; it is robust (with Z’ values of 0.80 and 0.61; Suppl. Fig. S2), sensitive (detecting 3 nM enzyme under initial velocity conditions; Fig. 2A), and shows a high signal-to-noise ratio (48.4 and 49.2; Suppl. Fig. S2). A final reaction volume of only 15 µL minimizes the use of enzyme and substrate (Table 1). Furthermore, the use of a water-soluble substrate decreases the DMSO concentration to 1% to 4%. This method, with a cycle time of approximately 10 s per sample (about 1 h per 384-well plate), enables rapid analysis of compound numbers compatible with HTS. MS-based assays are quantitative, and the modification of substrates with bulky fluorophores is not required. These modifications can produce large numbers of false-positives, because compounds can interact with hydrophobic fluorescent dyes appended to substrates.37

RapidFire MS successfully detected the inhibitory activity in bestatin and arphamenine A in a dose-dependent manner (Fig. 3). For bestatin, we have reported an IC_{50} of 6.62 µM and a noncompetitive inhibition mode toward LAPTc using Leu-pNA substrate.24 The IC_{50} from RapidFire MS (0.35 µM; Fig. 3A) is different from the Leu-pNA,24 because the IC_{50} and inhibition constant (K_i) depend on the substrate and method used.38 In addition, to the best of our knowledge, this is the first report to indicate that LAPTc can be inhibited by arphamenine A (Fig. 3B). This is a promising result, because arphamenine A inhibits the in vitro growth of T. brucei, a parasite closely related to T. cruzi.16

In conclusion, as part of a campaign to exploit LAPs for therapeutic intervention, we developed a novel RapidFire MS assay for LAPTc. This technology was used by Leveridge et al.39 in HTS to identify LRRK2 kinase inhibitors for the treatment of Parkinson’s disease and more recently to identify an arginase II inhibitor,35 but its use for aminopeptidases has not been reported. We propose that this methodology is suitable for identifying LAPTc inhibitors by HTS.

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Declaration of Conflcting Interests
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ORCID iD
Lauren Webster https://orcid.org/0000-0001-5192-7584

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